



## Aspire to an Exceptional Character Development

# ASPIRE FOR MORE

**A**TTITUDE  
**S**PORTSMANSHIP  
**P**ERSEVERANCE  
**I**NTEGRITY  
**R**ESPECT  
**E**FFORT

These are character development value words that best represent the Aspire athlete and words that represent what skating teaches all of us: **Attitude, Sportsmanship, Perseverance, Integrity, Respect** and **Effort**.

With these character development value words, U.S. Figure Skating will be implementing an Aspire badge program. Aspire skaters will have the opportunity to collect these badges throughout the year with the goal of eventually achieving each of these ASPIRE words.

### CLUB LEADERS, COACHES AND SKATING DIRECTORS:

when you put your Aspire program into effect, be on the lookout for skaters who represent these character development traits. Examples include:

- The skater who works hard to improve a toe-waltz jump to become a correct toe loop.
- The skater who goes above and beyond to help a fellow skater learn team choreography.

These skaters may not necessarily be the strongest or most talented. They may not jump the highest or spin the fastest. But these skaters possess a positive attitude, good sportsmanship, a willingness to persevere, an honest integrity, respect to fellow skaters, coaches, parents and rink staff and make the effort to try hard and achieve. The Aspire program is more than just skating; it's about helping our athletes build character.

### SOME IDEAS TO RECOGNIZE ASPIRE SKATERS:

Like the Aspire program itself, one size doesn't fit all. Some possible suggestions to recognize your skaters may include:

- Handing out badges at the end of an Aspire class series or skating camp
- Honoring these athletes with their names placed on an Aspire rink bulletin board or included in a club newsletter
- Aspire skaters perform a special group number in your club or rink ice show/exhibition
- Present badges to Aspire skaters at an end-of-season banquet

The opportunities are limitless! How you decide to celebrate your skaters is what will work best for the athletes in your club or facility.

U.S. Figure Skating will also acknowledge the athletes who achieve all six badges and spell out the word ASPIRE. This recognition may be on the U.S. Figure Skating website, via an email to all U.S. Figure Skating members, a certificate to acknowledge this achievement or a combination.