



Presents

THE 2010 SHERWOOD INVITATIONAL

IJS Judging System (IJS), utilizing the Mini-System (Computers & Video) to be used
Juvenile through Senior, Freeskate and Pairs.

August 28-29, 2010

Entry Postmark Deadline July 24, 2010

REGISTER ON-LINE AT
www.sherwoodfsc.com

Sponsored by the
Sherwood Figure Skating Club
Sherwood, Oregon



Back by Popular Demand!

- **Lunch provided for competitors on Saturday and Sunday.**
 - **Coaches Registration**

2010 Sherwood Invitational
Sponsored by the Sherwood Figure Skating Club
www.sherwoodfsc.com
August 28-29, 2010

Rink Information and Location:

The competition will be held at Sherwood Ice Arena, 20407 SW Borchers Dr., Sherwood, OR 97140, (503) 625-5757. It is an indoor ice surface, 85' x 200', with slightly rounded corners. The main skating area is unheated, with seating along one side of the rink surface. Warm clothing is advised. Admission to events is free of charge.

Eligibility:

This non-qualifying competition is open to all registered eligible skaters of U.S. FIGURE SKATING. Eligibility for entry is governed as of tests passed on or before August 1, 2010 and age as of August 28, 2010. Adult skaters must be age 21 or older. Skaters should be prepared to provide proof of age if asked. Eligibility for pair's events are governed by the competitor with the highest test passed. ANY SKATER MAY ENTER EVENTS AT ONE LEVEL HIGHER THAN THE EVENT FOR WHICH THEY QUALIFY BY TEST. Basic skills participants need to be basic skills members or US Figure Skating members.

Judging System:

The ISU judging system (IJS) will be used for Juvenile – Senior level short program and freeskating event, Juvenile - Senior Pairs. Skaters entering these must submit a planned program content sheet for each event entered. All other events will be judged using the 6.0 system. The LOC reserves the right to use the 6.0 system for some events if IJS-qualified officials are unavailable.

Special Olympics:

The Sherwood Figure Skating Club appreciates and supports the Special Olympics. Please, contact Heather Stoecklin at travisnheather@gmail.com in relation to a skater (with special requirements) who would like to enter any competition event or who would like to perform in a special event.

Sanctions:

The competition is sanctioned by the U.S. FIGURE SKATING and shall be organized and conducted according to the current U.S. FIGURE SKATING Rule Book, except as otherwise stated in this announcement. All changes or addendums will be posted at our website at www.sherwoodfsc.com

Entries:

Entries and fees must be postmarked on or before July 24, 2010. Late entries will be accepted at the Referee's discretion. If accepted, a late fee of \$20 applies. All returned checks will be assessed a fee of \$20.00.

Refunds:

Refunds will be issued in accordance with the 2010 Official U.S. Figure Skating Rulebook and are available only if one of the following applies:

1. There is a death in the competitor's immediate family.
2. The event is not held.

To withdraw, please notify THE REGISTRAR immediately at Shihaam.jappie@verizon.net. All refunds will be mailed within 30 days after the completion of the competition. No refunds will be issued for injuries.

Registrar:

On-line at www.sherwoodfsc.com

Event Group/Size:

There may be more than one group per event. Events may be divided into multiple equal size groups by age for Non-test through Preliminary and by draw for Pre-juvenile through Senior and Adult. NO FINAL ROUNDS WILL BE SKATED. Groups below Pre-Juvenile may include both girls and boys; however you will be advised if this occurs. IF THERE IS ONLY ONE ENTRANT AT A LEVEL, EVERY EFFORT WILL BE MADE TO MERGE LEVELS. IF THIS IS NOT POSSIBLE THE FEE WILL BE REFUNDED. IF AN EVENT IS REDUCED TO A SINGLE SKATER BY INJURY OR ILLNESS AT THE TIME OF COMPETITION THE REFEREE MAY PERMIT THE SKATER TO SKATE UNDER THE PROVISIONS OF RULE 1465.

Music:

Music may be on CD (**DVD-R or CD-RW's will not be accepted**), clearly labeled with the skater's name, level, music time and event. An extra copy of the music must be kept available for the skater in the event of problems with music. SFSC will not accept responsibility for breakage, loss or damage of music, but will take every reasonable precaution to protect them. Music must start at the beginning of the CD with not more than a 10 second leader. Music for official practice ice will be played in rotation drawn by lot at the beginning of the session. We cannot guarantee that all music will be played. Media that does not play will be removed from the rotation. The skater whose music does not play may submit substitute music to be played at the end of the rotation if time allows.

General Awards:

Each group will receive awards after completion of the event. Medals will be given to 1st through 3rd place and a ribbon for 4th place for Non Test and Above. For Basic Skills Events medals will be given to 1st through 3rd place and a ribbon for 4th - 6th place.

Special Awards:

Artistry on Ice- SFSC will present this artistry award to the skater in the following levels for best artistic performance:

Snowplow Sam-Freeskate 6

Non-test – Juvenile

Intermediate-Senior

The All Around Athlete Award- This Award is open to all skaters in the Non Test-Juvenile levels. In order to be eligible for this award, the skater must enter the Jump event, Spin Event and Compulsory Moves event in **one** level. At the completion of all three events the skater in **each** level who receives the highest total combined score in all events will receive the All Around Athlete Award. If there is only **one** entry for the All Around Athlete Award in a level, the Award **will not** be given for that level. Skaters must enter the same level for all three events to be considered for the All Around Athlete Award.

The Well Rounded Athlete Award – This Award is open to skaters in the Snowplow Sam to Freeskate 1-6 levels. In order to be eligible for this award, the skater must enter the Basic or Freeskate Elements Event, Freeskate program and Showcase Event in one level. At the completion of all three events the skater in **each** level who receives the highest total combined score in all events will receive the Well Rounded Athlete Award. If there is only **one** entry for the Well Rounded Athlete Award in a level, the Award **will not** be given for that level. Skaters must enter the same level for all three events to be considered for the Well Rounded Athlete Award.

Bulletins/Schedule:

A Bulletin Board will be maintained in the rink lobby with the official skating times and orders posted nearby. These shall be considered official notices to all competitors. We will try to maintain confidentiality of skaters names, but will not be guaranteed. **Skaters are to be in the rink and available to skate one hour before their event is scheduled to begin.**

Practice Ice:

Official practice ice will tentatively be available at the Sherwood Ice Arena on Friday, Saturday & Sunday, August 27-29, 2010. See Practice Ice Request Form in this information packet.

Registration:

The official registration desk will be located inside the Sherwood Ice Arena beginning one hour before the first event. All competitors are required to register as soon as possible after arrival at the rink. Competition CDs are to be turned in at the time of registration.

Competition Program & Advertisements

Wish your skater, coach or club the best! Advertise your business. Approximately, 200+ individuals will attend this competition. Placing an ad in the Competition Program is a great way to send memorable wishes and/or an economical way to advertise your business. See the Competition Program Advertising Application Form included in this information packet.

Competitors:

There will be locker rooms available for girls and boys.

All competitors are to check-in at the registration desk one-hour before scheduled skating time and check with the ice monitor prior to the event. Competitors are not permitted on the officials' stage and are not permitted to operate the music equipment.

Photography and Video

A photographer will be present to shoot all award events. The competition events may be videotaped and available for purchase.

The vendors will make a separate charge for these services. For details, see the vendors upon arrival at the rink.

All events will be photographed and may be video taped regardless of purchase.

Videotaping is permissible only in the stands and is not permitted at rink side. Please be courteous to those viewing the event.

No flash photography is permitted as it is very dangerous to the skaters.

Coaching:

Coaching must be done from rinkside, except for Snowplow Sam where coaches may come on the ice with students. Coaches will not be permitted on the ice during warm up or practice sessions (unless the coach is also a competitor). Coaches will not be permitted on the officials' dais at ANY TIME. The presence and sensitivity of the IJS scoring equipment require that no one but the competition officials be on the dais.

CONTINUING THIS YEAR!

COACH REGISTRATION

All coaches will have to comply with the coaches' registration policy in order to be allowed to instruct and coach at the SFSC invitational. Coaches will need to check-in at the registration desk prior to putting a student on the ice and show proof of your U.S. Figure Skating Coach Registration Card and a photo ID. We will then issue you a coaches ID for this competition that will allow you to coach on all practice ice and during the competition. **If you have not done your background check with U.S. Figure Skating please do so before July 31, 2010. If you have not registered before the competition and do not have your card and photo ID, you will NOT be allowed a credential. The only exception is for coaches under 18 years of age or for coaches who only have Basic Skills students.**

Free Lunch for Competitors Saturday and Sunday

Just that...In each competitor goodie bag there will be lunch coupons for both days of competition.

Some useful weblinks:

Please refer to the USFSA website for Technical Notification updates www.usfsa.org.

Please refer to Sherwood Figure Skating Club website for any other updates www.sherwoodfsc.com

Privacy Policy:

Information provided to the host club on the entry form is intended for internal use of the competition committee, chief referee, and chief accountant only. We will never intentionally disclose any personal information about you (such as, for example, your full name, street address, telephone number, or e-mail address) to any third party without having received your permission.

Competition Contacts:

Heather Stoeklin, *Competition Chair*
travisnheather@gmail.com

Marla Jordan – *Co-Chair*
MarlaJ@ilbinc.com

Shihaam Jappie – *Registrar/Co-Chair*
shihaam.jappie@verizon.net

Dot Defler – *Program and Advertising*
javadot@comcast.net

Terri Levine- Referee
zambonichaser@yahoo.com

ACCOMODATIONS:

| Host Hotel | | |
|---|--|---|
| Best Western Northwind Inn & Suites 16105 SW Pacific Hwy Tigard, OR 97224 503-431-2100 | Century Hotel 8185 SW Tualatin- Sherwood Rd. Tualatin, OR 97062 503-692-3600 | Comfort Inn & Suites 7640 SW Warm Springs St Tualatin, OR 97062 503-612-9952 |

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed after that date including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Snowplow Sam - Tots:

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles 2-6 in a row

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles 6 -8 in a row
3. Forward snowplow stop
4. Backward wiggles 6-8 in a row

Basic 2

1. Forward one foot glide - either foot
2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice
3. Two foot turn in place forward to backward
4. Backward two foot swizzles 6 - 8 in a row
5. Moving snowplow stop

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive
3. Moving forward to backward two foot turn – either direction
4. Backward one foot glide - either foot
5. Two foot spin

Basic 4

1. Forward outside three turn - R & L from a standstill
2. Forward outside edge on a circle clockwise or counter clockwise
3. Forward crossovers 6-8 consecutive both directions
4. Backward stroking
5. Backward snowplow stop - R or L

Basic 5:

1. Backward outside edge on a circle clockwise or counterclockwise
2. Backward crossovers 6-8 consecutive - both directions
3. One foot spin - minimum of three revolutions
4. Hockey stop
5. Side Toe hop -either direction

Basic 6:

1. Forward inside three turn - R & L from a standstill
2. Bunny Hop
3. Forward spiral on a straight line - R or L
4. Lunge - R or L
5. T-stop - R or L

Basic 7:

1. Forward inside open Mohawk - R to L and L to R
2. Ballet Jump - either direction
3. Back crossovers to a back outside edge landing position clockwise and counter clockwise
4. Forward inside pivot

Basic 8:

1. Moving forward outside or forward inside three turns R & L
2. Waltz jump
3. Mazurka - either direction
4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge
5. Beginning one-foot upright spin - optional free foot position

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

Snowplow Sam - Tots:

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3-in a row
3. Backward wiggles 2-6 in a row
4. Forward snowplow stop

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles 6 -8 in a row
3. Backward wiggles 6-8 in a row
4. Forward snowplow stop

Basic 2

1. Forward one foot glide - either foot
2. Two foot turn in place - forward to backward
3. Backward two foot swizzles 6 - 8 in a row
4. Forward alternating ½ swizzle pumps, in a straight line across width of ice
5. Moving snowplow stop

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive
3. Moving forward to backward two foot turn in either direction
4. Backward one foot glide - either foot
5. Two foot spin

Basic 4

1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6-8 consecutive both directions
3. Forward outside 3 turn - R & L from a standstill
4. Backward stroking
5. Backward snowplow stop - R or L

Basic 5:

1. Backward outside edge on a circle clockwise or counterclockwise
2. Backward crossovers 6-8 consecutive in both directions
3. One foot spin - min of three revolutions
4. Side Toe hop -either direction
5. Hockey stop

Basic 6:

1. Forward inside 3-turn from a standstill - R & L
2. Bunny Hop
3. Forward arabesque spiral on a straight line R or L
4. Lunge - R or L
5. T-stop - R or L

Basic 7:

1. Forward inside open Mohawk - R to L and L to R
2. Ballet Jump either direction
3. Back crossovers to a back outside edge landing position clockwise and counter clockwise
4. Forward inside pivot

Basic 8:

1. Moving forward outside or forward inside three turns R & L
2. Waltz jump
3. Mazurka in either direction
4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge
5. Beginning one-foot upright spin - optional free foot position

FREE SKATE 1-6 COMPULSORY EVENT

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Free skate level 1 Compulsory

1. Advanced forward stroking - 4-6 consecutive
2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Free skate level 2 Compulsory

1. Forward outside spiral - R or L. and a forward inside spiral - R or L
2. Waltz Three's - R or L
3. Beginning back spin - entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Free skate level 3 Compulsory

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls 4 - 6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or Salchow/toe loop

Free skate level 4 Compulsory

1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
2. Forward power 3's, 2-3 consecutive sets-R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Free skate level 5 Compulsory

1. Spiral sequence, FO spiral, forward outside 3 \ turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop jump
5. Flip jump

Free skate level 6 Compulsory

1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6)
2. Camel, sit spin combination - minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, ½ loop, Salchow combination
5. Lutz jump

FREE SKATE 1-6 MUSIC EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Free skate 1

1. Advanced forward stroking 4-6 strokes
2. Scratch spin from back crossovers
3. Waltz jump from back crossovers
4. Half flip jump

Free skate 2

1. Forward outside spiral R or L
2. Beginning back spin
3. Waltz jump, side toe hop, waltz jump
4. Toe loop

Free skate 3

1. Forward crossovers in a figure 8
2. Back spin
3. Salchow
4. Waltz jump/Toe loop or Salchow/toe loop

Free skate 4

1. Forward power 3's, 2-3 consecutive R or L
2. Sit spin
3. Loop jump
4. Waltz jump/loop jump

Free skate 5

1. Camel spin
2. Forward upright spin to back upright spin
3. Loop/loop combination jump
4. Flip jump

Free skate 6

1. Camel/sit spin combination, min of 4 revolutions total
2. Split or stag jump
3. Waltz jump/1/2 loop /Salchow combination
4. Lutz jump

Basic Showcase Events

Duration: 1:30 or less - may divide into age and level categories

- Theme of skater's choice
- May have music with words
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music

May use hand props or any items that skater can get on and off ice without assistance within one minute.

Skaters will be divided into age and into four levels:

Basic 1 & 2
Basic 3 & 4
Basic 5 & 6
Basic 7 & 8

Freestyle Showcase Events

Duration: 1:30+/-10sec - Skaters will be divided by age and into three levels.

- Theme of skater's choice
- May have music with words
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music

May use hand props or any items that skater can get on and off ice without assistance within one minute.

Please enter either:

Showcase Level 1 & 2

Showcase Level 3 & 4

Showcase Level 5 & 6

JUMP EVENT

The required jumps may be skated in any order. Non-Test through Pre-Juvenile levels will skate on ½ ice. All other levels will skate on full ice. Skaters will be given two opportunities to perform each jump and will be judged on the best one. Each level will compete as follows: the first skater will take the ice and attempt the first jump twice, pause and then attempt the second jump twice. This will be repeated until all the required jumps have been attempted and the next skater will then take the ice. Each judge will award one mark to each skater for all jumps completed overall.

Remember to be eligible for the All Around Athlete Award, you must be signed up for Compulsory Moves, Jump and Spin event.

| | | |
|--|-------------------------|---|
| Non Test | No FS Test | Flip; combination of any two single jumps (no axels). |
| Pre-Preliminary | Pre-Preliminary FS Test | Loop; combination of any two single jumps (no axels). |
| Preliminary | Preliminary FS Test | Lutz; combination of any two single jumps (axel permitted). |
| Pre-Juvenile/Open Pre-Juvenile: | Pre-Juvenile FS Test | Axel; Double Salchow, single loop combination |
| Juvenile/ Open Juvenile | Juvenile FS Test | Double toe loop; combination of any double with a single loop jump. |
| Intermediate | Intermediate Test | Double Toe; double loop; combination of any two double jumps. |
| Novice | Novice FS Test | Double loop; double flip; combination of any two double jumps. |
| Junior | Junior FS Test | Double Flip; double Lutz; combination of any two double jumps Or a triple jump with a double jump. |
| Senior | Senior FS Test | Double Lutz; double axel; combination of any two double jumps Or a triple jump with a double jump or a triple/triple combination. |

SPIN EVENT

Non-Test through Pre-Juvenile levels will skate on ½ ice. All other levels will skate on full ice. Three spins to be skated in program format, no music. The required spins may be skated in any order with minimal connecting steps, which will not be judged. Only the required spins in each level, as described below, may be performed. Emphasis is on the overall performance of each spin (number of revolutions, position, centering, and degree of difficulty.) Skaters may do any variation of the basic position listed. Skaters will receive one mark from each judge for technical merit. Men/Boys & Women/Girls may compete in the same event. **.4 deductions for each non-allowed (additional) spin performed.**

Remember to be eligible for the All Around Athlete Award, you must be signed up for Compulsory Moves, Jump and Spin event.

| | | |
|--------------------------|-------------------------|---|
| Non Test | No FS Tests | One foot scratch spin; forward sit spin; One Foot Upright Back Spin |
| Pre-Preliminary | Pre-Preliminary FS Test | One foot upright back spin; forward sit spin; forward camel |
| Preliminary | Preliminary FS Test | One forward scratch to a back scratch and; forward sit spin; forward camel spin |
| Pre-Juvenile/Open | Pre-Juvenile FS Test | Sit spin; Forward Camel; Combo with one change of foot and no change of position |
| Juvenile/Open | Juvenile FS Test | One combo consisting of a forward camel spin to a sit spin; One flying camel; One solo spin Ladies: attitude or layback spin, Men: sit spin |
| Intermediate | Intermediate Test | Camel to back sit; Combo with only one change of foot one change of position one change of edge (must include 2 of 3 basic spin positions); Solo spin skaters choice (flying spin acceptable) |
| Novice | Novice FS Test | Forward outside Camel Spin; Death Drop; Combo with only one change of foot and at least one Position and one change of edge (must included 2 of 3 basic spin positions). |
| Junior | Junior FS Test | Flying sit; Combination spin with only one change of foot and at least two changes of position; Solo spin Ladies: Layback or sideways leaning spin Men: Crossfoot Spin; |
| Senior | Senior FS Test | Flying spin of skaters choice; Combo spin with at least one change of foot and at least two changes of position; Solo spin of skaters choice (flying spin acceptable) |

Register at www.sherwoodfsc.com

deadline: July 24, 2010

COMPULSORY MOVES

Elements in Compulsory Moves (as listed below) are to be skated in any order in program format, without music, incorporating all required moves in any order with minimal connecting steps (no ½ jumps). This event will be judged on the overall performance of each move. Skaters will receive one mark from each judge for technical merit. Men/Boys and Women/Girls may compete in the same event. **A .2 deduction will be taken for each element omitted, each element repeated and for each additional or different element performed.**

Remember to be eligible for the All Around Athlete Award, you must be signed up for Compulsory Moves, Jump and Spin event.

| | | | |
|---------------------------------------|-------------------------|-----------------------|---|
| Non-Test | No FS Test | 1:00 minute Max ½ ice | Loop Jump Forward spiral Waltz jump, Toe loop jump Scratch spin (minimum: 3 revolutions) |
| Pre-Preliminary | Pre-Preliminary FS Test | 1:00 minute Max ½ ice | Jump combination with any single jump with single toe loop, (no axel) Forward Spiral Flip Jump Sit Spin—no change of position (minimum: 3 revolutions) |
| Preliminary | Preliminary FS Test | 1:00 minute Max ½ ice | A Lutz Jump A back scratch spin Jump combination with any single jump with single loop A camel / sit (no change of foot) spin (minimum 3 revolutions in each position) One right and one left forward inside spiral |
| Pre-Juvenile/Open Pre-Juvenile | Pre-Juvenile FS Test | 1:15 minute Max ½ ice | An Axel Jump combination with any 2 single jumps A front scratch to back scratch spin (4 rev. min on each foot) A camel spin (4 rev. min) A straight-line footwork sequence |
| Juvenile/Open Juvenile | Juvenile FS Test | 1:15 minute Max ½ ice | A double Salchow An axel / loop or toe loop combination A sit change sit spin (4 rev. min on each foot) Women: A layback spin Men: A camel spin (4 rev. min) A circular footwork sequence |

IMPROVISATIONAL

Skaters, Pre-Preliminary level and above may participate in the Improvisational event. Each skater will hear the music that they will be skating to three times before they compete. The skater will hear the music two times on warm-up and then once after warm-up. (Each level may skate to different music.) There can be no communication between the skater, their coach or anyone in the audience. The skater will improvise a routine to the music they have just heard, in an effort to demonstrate their choreographic skills. Men/Boys and Women/Girls may compete in the same event. Any single jumps (up to one axel) and up to two double jumps allowed. Emphasis will be on skater's ability to choreograph to music, **not** on the technical difficulty of the program. Props may be provided. Each Judge will award one mark to each skater. **.4 deduction for each non-allowed element performed.**

| | | |
|------------------------|-------------------------|-------------|
| Non Test | No tests passed | 1:00 minute |
| Pre-Preliminary | Pre-Preliminary FS Test | 1:30 minute |
| Preliminary | Preliminary FS Test | 1:30 minute |

FREESKATING (SHORT PROGRAM)

Skaters must adhere to the US Figure Skating required elements for the short program as indicated below.
ANY SKATER MAY ENTER EVENTS AT ONE LEVEL HIGHER THAN THE EVENT FOR WHICH THEY QUALIFY BY TEST.
Short and Long Program are separate events and will be awarded separately.

Refer to the current Official US Figure Skating Rulebook for well balanced program. Use competition year 2010/2011 requirements.

| | | |
|---------------------|--------------------------------|------------------------------|
| Intermediate | Under 18, Intermediate FS Test | 2:00 minutes Max Time |
| Novice | Novice FS Test | 2:30 minutes Max Time |
| Junior | Junior FS Test | 2:50 minutes Max Time |
| Senior | Senior FS Test | 2:50 minutes Max Time |

Register at www.sherwoodfsc.com

deadline: July 24, 2010

FREESKATING (LONG PROGRAM)

.4 deduction from technical mark for each non-allowed element performed in 6.0 events (*See below)
 ANY SKATER MAY ENTER EVENTS AT ONE LEVEL HIGHER THAN THE EVENT FOR WHICH THEY QUALIFY BY TEST.
 Skaters entering into Test Track Freestyle may NOT skate in these events.

Refer to the current Official US Figure Skating Rulebook for well balanced program. Use competition year 2010/2011 requirements.

Duration (+ / - :10)

| | | |
|-----------------------------|---|---|
| Non-Test | All single jumps permitted except axel. Jumps may be repeated alone or in combination. * No axel, multi-revolution jumps, jumped or flying spins allowed | 1:30 minute |
| Pre-Preliminary | Pre-Preliminary FS Test (*No double jumps) | 1:30 minutes |
| Preliminary | Preliminary FS Test | 1:30 minutes |
| Pre-Juvenile | Under 13, Pre-Juvenile FS Test | 2:00 minutes |
| Open Pre-Juvenile | 13 & over, Pre-Juvenile FS Test | 2:00 minutes |
| Juvenile | Under 13, Juvenile FS Test | 2:15 minutes |
| Open Juvenile | 13 & over, Juvenile FS Test | 2:15 minutes |
| Intermediate | Under 18, Intermediate FS Test | 2:30 minutes |
| Novice | Novice FS Test | 3:30 minutes(Men) 3:00 minutes (Ladies) |
| Junior | Junior FS Test | 4:00 minutes (Men) 3:30 minutes (Ladies) |
| Senior | Senior FS Test | 4:30 minutes (Men) 4:00 minutes (Ladies) |
| Adult Pre-Bronze | 21 & over. No higher than Adult Pre-Bronze FS or Pre-Preliminary FS Test (*single jumps only, *no axels) | 1:40 Max |
| Adult Bronze | 21 & over. No higher than Adult Bronze FS Test or Preliminary FS Test (*single jumps only, *no axels) | 1:50 Max |
| Adult Silver | 21 & over. Adult Silver FS Test or Pre-Juvenile FS Test after 1994, Juv FS test before 1994 (*No double jumps) | 2:10 Max. |
| Adult Gold | 21 & over. Adult Gold FS Test or Juv. FS Test | 2:40 Max |
| Adult Master Int/Nov | 21 & over. Int. FS Test and/or prior to 1977 3 rd Fig. Test | 3:10 Max |
| Adult Master Jr.Sr. | 21 & over Nov FS Test and/or prior to 1977 4 th Fig. Test | 3:40 Max |

PAIRS

Levels will be determined by the partner with the highest test past.

Refer to the current Official US Figure Skating Rulebook for well balanced program requirements. Use competition year 2010/2011 requirements.

| | | |
|---------------------------|---|---|
| Pre-Juvenile Pairs | Pre-Juvenile Pairs Test (have not reached age 14) | 2:00 minutes |
| Juvenile Pairs | Juvenile Pairs Test (have not reached age 14) | 2:30 minutes |
| Intermediate Pairs | Intermediate Pairs Test (have not reached age 18) | 3:00 minutes |
| Novice Pairs | Novice Pairs Test | 2:50 minutes maximum (Short Program) 3:30 minutes (Long Program) |
| Junior Pairs | Junior Pairs Test | 2:50 minutes maximum (Short Program) 4:00 minutes (Long Program) |
| Senior Pairs | Senior Pairs Test | 2:50 minutes maximum (Short Program) 4:30 minutes (Long Program) |

SHOWCASE

Showcase for all skaters may be in the category of light entertainment or dramatic. We will try to keep Light Entertainment and Dramatic separate, if there are not enough entries then they will be combined. Vocal music, character costumes and props are allowed. A skater may use hand props or any items that skater can get on and off ice without assistance within one minute.

Emphasis should be on the enthusiasm, choreography, general showmanship, creativity and artistic interpretation of the music theme. Men/Boys and Women/Girls may compete in the same event. Each Judge will award one mark for each skater.

.4 deduction each time a non-allowed element is performed (no axel permitted for Non-Test level).

| | | |
|--------------------------|---|--------------|
| Non-Test | No Free-Skating Test (*no axel permitted) | 1:30 minutes |
| Pre-Preliminary | Pre-Preliminary FS Test | 1:30 minutes |
| Preliminary | Preliminary FS Test | 1:30 minutes |
| Pre-Juvenile | Under 13, Pre-Juvenile FS Test | 2:00 minutes |
| Open Pre-Juvenile | 13 & over, Pre-Juvenile FS Test | 2:00 minutes |
| Juvenile | Under 13, Juvenile FS Test | 2:00 minutes |
| Open Juvenile | 13 & over, Juvenile FS Test | 2:00 minutes |
| Intermediate | Under 18, Intermediate FS Test | 2:30 minutes |
| Novice | Novice FS Test | 2:30 minutes |
| Junior | Junior FS Test | 2:30 minutes |
| Senior | Senior FS Test | 2:30 minutes |
| Adult | No Test Required | 1:30 minutes |

DANCE EVENTS

**JUNIOR/SENIOR I
JUNIOR/SENIOR II**

QUALIFICATIONS
Bronze and below
Pre-Silver and above

DANCES TO BE SKATED
Swing Dance; Cha-Cha
Willow Waltz; Fourteenstep

JR/SR Must be a 10 year age difference – Only one member needs to meet qualifications level.

**DANCE - LOW
DANCE – HIGH**

Pre-Silver and below
Silver and above

Rhythm Blues; Fiesta Tango
Blues; Starlight Waltz

SOLO DANCE EVENTS Men/Boys and Women/Girls may compete in the same event.

EVENT

Preliminary
Pre-Bronze
Bronze
Pre-Silver
Silver

QUALIFICATIONS

Not completed the Pre-Bronze Dance test
Not completed the Bronze Dance test
Not completed the Pre-Silver Dance test
Not completed the Silver Dance Test
Passed more than one Silver Dance but
Not more than one Gold dance
Passed the Silver Dance test or higher
Passed the Pre-Gold Dance test or higher

DANCES TO BE SKATED

Canasta Tango
Cha-Cha
Hickory Hoedown
Foxtrot
Rocker Foxtrot

Killian
Quickstep

TO REGISTER:

Visit www.sherwoodfsc.com
And follow the link

Entry deadline: July 24, 2010

2010 Sherwood Invitational
Competition Program
Advertising Application Form

Contact Name _____ Phone _____

Company Name _____

City, State, Zip _____

Contact Signature _____

Personal Ad (specify what you would like printed in the Program – limit 10 words) _____

Ads Permitted:

- Personal ads (i.e. wishing skater or club good luck) – limited to 10 words.
- Black and White Ad Size: _____

Ads Must Be Submitted with payment, **postmarked by July 24th, 2010**, to:

Dot Defler-Advertising Chairperson
16257 SW Dewberry Ln, Tigard, OR 97223
503-579-6288 (No Calls after 8:00 pm)
javadot@comcast.net

Make checks payable to “Sherwood Figure Skating Club” or “S.F.S.C.”

| ad size | ad rate |
|---|----------------|
| Personal Ad (Wishing Skater Luck) | \$10.00 |
| Full Page (5" x 8") | \$40.00 |
| ½ Page Horizontal or Vertical (2 ½ x 8") | \$30.00 |
| ¼ Page Horizontal or Vertical (2 ½ x 4") | \$20.00 |
| 1/8 Page (Business Card) | \$15.00 |

Please enclose art with advertising order form if purchasing full, half, quarter page or business card size ad.